

**Little Panther Daycare WEEK 1**  
**Menu Subject to**  
**change**

**May 2021**



<b>Meal Patterns</b>	<b>Monday</b> Date 05-03-21	<b>Tuesday</b> Date 05-04-21	<b>Wednesday</b> Date 05-05-21	<b>Thursday</b> Date 05-06-21	<b>Friday</b> Date 05-07-21
<b>Breakfast</b> <ul style="list-style-type: none"> <li>• Grains, or meat/meat alternate (M/MA = no more than 3 times per week)</li> <li>• Vegetables, Fruits or portions of both</li> <li>• Fluid Milk</li> <li>• Other Foods</li> </ul>	Rice Crispies Cereal  Apple Juice  Milk	Biscuit & Gravy  Applesauce  Milk	Multi Grain Cheerios  Grape Juice  Milk	French Toast  Pineapple Bits  Milk	Life Cereal  Grape Juice  Milk
<b>AM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits</li> <li>• Grains</li> </ul>	Graham Crackers  Milk	Ritz Crackers  Cranberry Juice  Milk	Saltines  Milk	Yogurt w/ Pineapple Bits  Water	Oyster Crackers  Milk
<b>Lunch</b> <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruit/Vegetable</li> <li>• Grains</li> <li>• Other Foods</li> </ul>	Pizza Burger  Vegetable Medley  Pears  Milk	Turkey Burgers  Corn  Tropical Fruit  Milk	Chicken & Noodles  Green Beans  Pineapple Bits  Milk	Spaghetti w/ Meat Sauce  Mixed Vegetables  Fruit Cocktail  Milk	Sloppy Joe  Baked Beans  Peaches  Milk
<b>PM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits</li> <li>• Grains</li> </ul>	Cheese Crackers  Milk	Blueberry Muffin  Milk	Cheez Its  Apple Juice  Milk	Banana Bread  Milk	Club Crackers  Milk